

The Art of Goodbye: An Interdisciplinary Approach to End-of-Life Education

This series helps participants explore end-of-life concerns. Through lecture, discussion, and activities, attendees will identify personal values and beliefs that will help them begin to plan and communicate with family, friends, and healthcare providers with greater self-determination. Breaking the silence through group learning sessions helps to normalize conversations that historically have been taboo. Individuals and families benefit when guilt, shame, and conflict can be discussed. Relationships are strengthened through meaningful communication and planning.

No Cost

Tuesdays -

**September 12, 19, 26
And October 3, 2017**

All classes 1:00–3:00 p.m.

Register at 352.861.9751

Location:

On Top of the World

Master the Possibilities

8415 SW 80th Street,

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